



WHAT'S UP OOB?!

Here's what's happening in OOB!

Email: whatsupoobwb@gmail.com

September 15, 2025

OOB 50+ Community Events and Activities (preregistration is typically required) call 934-0860

- The bus is heading to *Little Threads Sewing Studio* in Alfred on 9/17 to a make-your-own Fall Tote Bag. Departure time is 10:15 am and \$60 covers the sewing lesson, all supplies and the bus trip.
- There is a Day Trip: Cumberland Fair coming up on 9/23 leaving at 9:30 am. You will enjoy senior day admission pricing and will just pay \$8 for the day!
- On 9/25 the bus will leave at 10 am to visit Cole's Corner in Wells and Wallingford Farm in Kennebunk, with a stop for lunch in between. \$8
- Sign up to take a *Weekend Trip* to the Maine Needham Festival in Wiscasset on 9/27 leaving at 9 am for only \$10.
- There will be a 1-year Check-in & Winter Planning check-in/planning session at The Ballpark Rec Offices on 9/29 from 11:30-12:30. Coffee & light snacks will be provided and feel free to bring a snack to share. FREE, but please preregister!

OOB365 and other community groups:

- Lunch & Learn: Preparing for Medicare Open Enrollment on 9/16 from 11 am to 1 pm at *McArthur Library* 270 Main St in Biddeford. Presented by *Southern Maine Agency on Aging* - Steve Murphy, SHIP Medicare Counselor; you will review Medicare basics, then learn about Medicare in 2026, important dates and deadlines, and how to use the Medicare Plan Finder to shop for plans. This course is for 55+ and is free. A light lunch will be served, please RSVP to 207-571-7210.
- There will be a Taco Tuesday Fundraiser to benefit the *OOB Fire Department* at *Lazy Days Restaurant* 4 First St in OOB on 9/16 starting at 3 pm. There will be live music, raffles, giveaways and all \$\$ from the sale of take-out tubs of Pedro's Salsa will be donated too.

- ***At Bentley's Saloon*** 1601 Portland Rd in Arundel the Cruisin' Night Tuesday Car Show will feature legendary NASCAR driver **Mark Martin**, who will be signing autographs. From 5 pm to dark on 9/16. Visit bentleysaloon.com for details or call 985-8966.
- On 9/17 from 5-9 pm - Sip, Socialize & Shop with Pittie Posse & Women Owned Businesses at *Throttle Car Club* 10 Dynamic Drive in Scarborough. Pittie Posse is thrilled to be joining this one-of-a-kind event alongside an incredible lineup of local women-owned businesses. This isn't your typical vendor fair – it's a night of connection, creativity, and community you won't want to miss and admission is FREE! Email pittieposse.com@gmail.com for details
- **Maine Strong Balance Centers** are offering FREE Balance & Strength Screening on 9/18 from 1-2 pm. You can find out more by emailing info@mainestrongbalancecenter.com or call their Saco location at 494-8029. (A .pdf about the event is attached)
- Make Your Own Mystery Story with Richard Cass, Jule Selbo, & Julia Spencer-Fleming on 9/18 from 6:30-8 pm at the *Scarborough Public Library*. Join three of the best minds in Crime Fiction to create a mystery of our very own! We'll develop the who what why where how and throw in a few red herrings just for fun. You must preregister, visit scarboroughlibrary.org or call 883-4723.
- *Ferry Beach Retreat and Conference Center* 5 Boardwalk Dr Saco is holding the first Community Dinner of the season on 9/18 from 5:30-7:30 pm. Go to ferrybeach.org for specifics on dinner and the presentation or call 282-4489
- *Robillard's Garden Center* Cascade Rd OOB is hosting another Plant BINGO evening of fun on 9/18 from 6-7:30. Bring your friends and compete for exciting prizes. \$15 to play-no gardening knowledge is needed. Go to robillardgc.com, stop by or call them at 937-8629 to register soon, these evenings fill up fast!
- Sweetser Auction & Gala fundraiser is being held on 9/18 @ 5:30 pm at *Brick South* on Thompson's Point in Portland. Silent auction, live music and more, go to sweetser.org to get details or call 294-4400.
- The Biddeford Art Walk is happening on 9/19 from 5-8 pm. Visit artofbiddeford.com for specifics or call 284-8520.

- There will be a Bean Supper at the *Blue Point Congregational Church* 236 Pine Point Rd Scarborough on 9/20 4:30-6 pm.
- Join Sandy Waters Medium on 9/20 from 7-8:30 pm for Medium Night at *Birdies Grill & Tavern* Saco Ave in Old Orchard Beach. Go to [Eventbrite.com](https://www.eventbrite.com) to get your tickets.
- A Fall Crafts Fair at *Funky Bow Brewery* 21 Ledgewood Lane in Lyman is on 9/20 & 9/21 from noon - 5 pm. Call 423-9348 or visit [FB events](https://www.facebook.com/funkybow) for details.
- Sign up for a Workshop Pumpkin Succulent class on 9/21 @ 11 am at Highland Farm 109 Highland Ave in Scarborough. Visit [highland-farm.com](https://www.highlandfarm.com) or call 883-2861 to sign up.
- *Art Glass by Lorrie* 15 Ross Rd in OOB offers classes every Wednesday and Saturday. To sign up or get info, email her at lorriellutz@gmail.com. You can also visit her website [etsy.com/shop/ArtGlassbyLorrie](https://www.etsy.com/shop/ArtGlassbyLorrie).
- *Coastal Craft Workshop* on Saco Ave is offering classes for Trinket dishes 9/16, 9/20, 9/21; *NEW* Embroidery workshop on 9/17; Sea Glass Windows on 9/20; Sea Glass Trees on 9/20 & 9/21. Visit their website [coastalcraftworkshop.com](https://www.coastalcraftworkshop.com) or call 937-2298 to sign up!

General Information/Opportunities

- Sunflower Festival at Hurricane Meadows 85 Hurricane Rd in Falmouth on 9/19, 9/20 & 9/21 10 am-6 pm. Learn more on [FB Events](https://www.facebook.com) or call 749-0455
- Ride for Autism will be happening at the *Kennebunkport Conservation Trust* on 9/20 from 8 am-1 pm. Visit [runsignup.com](https://www.runsignup.com) for more information or call 800-273-5200.
- The 6th annual Autumn & Ales 5k, 10k, ½ Marathon is happening on 9/20 at the *Scarborough American Legion*. Visit [runsignup.com](https://www.runsignup.com) for details or call 289-6005.

- ACT Trail Fest 2025 is also on 9/20 with 5k, 10k, ½ Marathon with run/walk options. Go to arundeltrust.org for details or call 967-3456 x6.
- Beginner Salsa Session starts 9/22 call 776-9848 to sign up with PM Salsa. Beginner Ballroom Group Dance starts 9/24, call 773-0002 or visit maineballroomdancing.com to learn more. Both are being held at *Maine Ballroom Dance* 616 Congress St 2nd Floor Portland.

September is HAPPENING around our OOB town!

- Grit & Ghosts: Following the Trail of Eight Tenacious Women Across a Century - author Robin Foster will be at Libby Memorial Library on 9/19 5:30-6:30 pm to discuss her book
- At *Libby Memorial Library* - are you looking to spend more time on your creative hobby this fall? We've got just the thing: Artists Studio: Drawing & Painting! Join us for this 8-week series held every Thursday from September 25th through November 13th from 11:00 am - 2:00 pm in our Community Room!

This is not an art class, but rather a time for you to come work on your own drawing & painting artwork in the company of other creatives! All skill levels are welcome to attend. You must bring your own supplies; none will be provided. This program series is presented in partnership with *Saco Bay Artists*.

- OOB Fall Fest is scheduled for 9/27 from 10am - 2pm at Veterans Memorial Park - LIVE Music, Food trucks, Book Sale, Bounce House & much, much more - come and join the fun! FREE!
 ** If you are interested in being a much appreciated volunteer to help with Fall Fest - please email whatsupoobwb@gmail.com.**

The Libby Memorial Library - call 934-4351 or go to ooblibrary.org

- September is library card sign up month - if you have lost your library card or it is looking a bit shabby/tattered, get it replaced at no cost from 9/16-9/30. Just stop by the library and they will help you out!
- Move with Amanda from 5-5:30pm, then Dance with Amanda from 5:30-6 pm on 9/18, 9/25

- Tech Time Help Hour on 9/20 from 1-2 pm. Drop in with your tech questions and problems (bring your device, if possible) and the staff will do their best to assist and teach.
- Writers Group gathers on 9/16 from 4:30-6:30 pm
- Author Talk with Robin Foster (see above) on 9/19 @ 5:30 pm
- On Saturday, 9/20, show your library card at the entrance of any participating Maine State Park or Historic Site and enjoy free admission from 9 AM to closing. Learn more at ooblibrary.org
- Intro to Essential Oils with Debbie Webb on 9/25 @ 5 pm
- On Wednesday, 10/1 at 10:30 am, a Mindfulness Workshop with Heidi Whelan of Balance & Bloom Mindfulness is being offered. Preregistration is required so call 934-4351 or stop by the library
- ****Libby Book Club 2.0**** - this is a NEW book club with the first meeting on 10/15 (3rd Wednesday of each month) from 4-5 pm. Contact Val or visit the library for all the details.
- Weekly adult events are the Brown Bag Book Bunch on Tuesdays from 11:30-12:30. Mahjong every Tuesday from 1:00-3:00. Creative Fiber Club meets Thursdays from 2-4.

Town Business:

- Town Council Regular Meeting on 9/16 @ 6:30 pm in Town Hall Council Chambers
- Town Hall is closing at noon on 9/26 for staff appreciation time.

If anyone you know would like to receive this weekly update by email, just have them send a request to whatsupoobwb@gmail.com and they will be added!

Have a GREAT week!



Call
937-5611





MAINE STRONG
BALANCECENTERS

SPECIALTY PT & OT

FREE

BALANCE & STRENGTH SCREENING

SEPTEMBER IS FALL PREVENTION MONTH!

Find out if you are at risk of falling (and what to do about it) by joining us for a NEW, evidence-based strength and balance screen at any of our locations!

Participants will leave with a Balance and Strength Report Card to bring to their PCP.

To reserve a spot, please call one of our locations below or email info@mainestrongbalancecenter.com

SEPTEMBER 18, 2025

1:00-2:00 PM



Scarborough

400 Enterprise Dr Suite 4
Scarborough, ME 04074
(207) 303-0612

Saco

15 Lund Rd Unit 104
Saco, ME 04072
(207) 494-8029

South Portland

@ Basics Fitness
380 Western Ave
South Portland, ME 04106
(207) 808-8908