Old Orchard Beach Trails



Beyond the Beach

Trails in Old Orchard Beach and Ocean Park



Brochure produced by students from Loranger Memorial School with a grant from the Natural Resources Council of Maine and guidance from the OOB Conservation Commission May 2018

Map base courtesy of Saco Bay Trails. Support local trails at <u>sacobaytrails.org</u>. 1. Milliken Mills Woods South offers easy trail loops with picnic tables, a story trail, and educational signs made by students. A steep side trail leads to a Revolutionary War soldier's gravesite. The forest has rare American chestnut trees.

Recommended activities: Nature walks, tree identification, birdwatching, snowshoeing Trail length: approximately 1 mile Parking: 192 Portland Ave.

2. Milliken Mills Woods North has narrow trails with steep hills. The main trail crosses Mill Stream. You can see animal signs and shade-loving plants such as ferns and jack-in-the-pulpit.

Recommended activities: Hiking, snowshoeing Trail length: loops of 1-2 miles Parking: 192 Portland Ave. Follow the path to cross the road.

3. The Eastern Trail (ET) is a flat rail trail with hilly side trails that trek through the native woods to Mill Pond. The pond has wildlife such as frogs, snapping turtles, and water birds.

Recommended activities: Walking, running, biking, snowshoeing, skiing, birdwatching, fishing. Strollers and training wheels can roll on the ET.

Trail length: The ET goes north to Scarborough and south to Saco. The OOB section is 1.62 miles. **Parking:** Milliken Mills Rd. or Cascade Rd. or Old Cascade Rd. or end of Pond View Rd.

4. The OOB Connector Trail is a flat path that passes a pond, vernal pools, and marshes. The Connector connects downtown OOB to the Eastern Trail via this short trail and roads.

Recommended activities: Walking, jogging, biking, snowshoeing, viewing wildlife, seeing invasive species Trail length: ½ mile

Parking: End of School St. or Dirigo Drive near Wild Dunes Way. Bike riders can start at the end of Pond View Road.



5. Blueberry Plains has flat sandy trails, beautiful songs from the birds, flowers in spring, and delicious blueberries ripe for picking in summer. Steep trails at the back lead to Trout Brook.

Recommended activities: walking, birdwatching, berrypicking, snowshoeing, skiing Trail length: ½ to 1 mile or more Parking: 163 Ross Road

6. Guild Park has flat, easy trails with a calm atmosphere made by wildlife's voice, soaring hemlocks, babbling streams, and a covered bridge. Many types of plants dwell in the forest.

Recommended activities: walking, research, photography and painting, snowshoeing Trail length: about 1 mile Parking: 83 Temple Ave. or 30 Free St.

7. The Ted Wells Trail leads to an observation deck that looks over the saltmarsh. The marsh is home to birds such as egrets and glossy ibis. You can get a nature guide at the kiosk. The old boardwalk was taken down. Until it is rebuilt, the trail is muddy in some spots.

Recommended activities: Nature walks, birding **Trail length:** ½ mile, with trails branching off **Parking:** End of Royal St. The trail begins behind the dining hall.*

8. The Manor Street Trail branches into two easy trails. One goes into the woods on a ridge trail above a forest stream. Another goes left around the water treatment plant to a dirt road that leads to the Goosefare Brook saltmarsh.

Recommended activities: walking, running, birdwatching, painting nature, snowshoeing Trail length: ½ to marsh, 1.5 miles woods trail Parking: End of Manor St. The trail begins to the right of the water treatment plant.*

*Please notify Oceanwood Camp at 207-934-9655 prior to using the Ted Wells or Manor Street Trail.



OOB Trail Finder

- 1. Milliken Mills South
- 2. Milliken Mills North
- 3. Eastern Trail
- 4. OOB/ET Connector
- 5. Blueberry Plains
- 6. Guild Park
- 7. Ted Wells Trail
- 8. Manor Street Trail

